



GRAY'S CREEK MIDDLE SCHOOL

5151 Celebration Drive
Hope Mills, NC 28348
(910) 483-4124



Lisa Gail Stewart
Principal

Mena Blanding
Assistant Principal

Rodney Jackson
Assistant Principal

Dear Families:

Every year millions of children, teachers, and community leaders around the world celebrate International Walking and Bicycling to School Day. The program aims to educate and empower our students to live healthy lives by increasing opportunities for daily physical activity. The location of our school makes it difficult to allow every child in the Gray's Creek district to participate in these activities for safety reasons. As a replacement for these activities Gray's Creek Middle School is holding a healthy living walk.

Thursday, March 24, 2016 is going to be Gray's Creek Middle Schools "Healthy Living Walk" event. We would like our students from all grades to join our administration and faculty for a two-mile walk through the housing community across from the school. We would like our family and other community members to join us for the walk. The walk will begin at 8:45 AM.

All participants in the walk will meet on the sidewalk right in front of the building of the campus by 8:30 AM. We ask that all family members tell their child they will be attending, so the child knows to look for you along the sidewalk as they walk by. Students from Gray's Creek High School will also join us in our healthful event, by providing support and directions along the course. The walk will take approximately 50-90 minutes. **Because we are leaving our school campus, we will need your permission for your child to join us.**

After the walk each student will receive a healthy snack and a bottle of water. **Please help us by donating a case of water, or a box of healthy granola bars.** All donations may be dropped off at the front office.

Thank you! We look forward to seeing you on Thursday, March 24, 2016.

Sincerely,
The Better Bruin Committee

*****detach and return to school by March 4, 2015*****

_____ Yes, my child may walk in the two-mile Healthful Living Walk on March 24, 2016.
_____ No, my child may walk in the two-mile Healthful Living Walk on March 24, 2016.

Student's name: _____ Homeroom Teacher: _____
Parent's/Guardian's Name _____ Student's grade: _____